

# Case study

## St Basils – VCSE and Integrated Care System in action

### Overview

St Basils is a registered Housing Association and Charity based in the West Midlands. By focusing on young peoples' strengths and capabilities in psychologically informed environments, St Basils supports young people to find and keep a home, develop their skills, find opportunities, and prevent homelessness.

This work includes 37 different initiatives across 40 sites in Birmingham and the surrounding areas and supports more than 750 young people at any one time.

### Sustainable financial model

Most of St Basils funding comes from commissioned work, rent and service charges from their accommodation sites. Less than 10% of St Basils income comes from donations and just 13% comes from other funding streams such as grants.

From 2015-2017, St Basils also received funding from the Fair Chance Fund, a Government initiative designed to improve outcomes for young people at risk of homelessness. The projects in receipt of this fund, all had Social Impact Bonds (SIBs) in place<sup>1</sup>. These allow social investors to invest funding to pay for the early delivery of the services. St Basils developed the 'Rewriting Futures Programme', and received funding based on the outcomes it produced through this work.

### Social value

St Basils has been able to support thousands of at-risk and homeless young people. Through its many initiatives, St Basils not only offers practical support, such as providing affordable accommodation, but it also gives young people opportunities to develop skills and grow their confidence.

Integrated Care Systems can work with VCSE sector organisations like St Basils to encourage a more holistic approach to health and wellbeing. The St Basils Live and Work initiative is a great example. Funded in conjunction with Sandwell and West Birmingham NHS Trust, it has delivered a ground-breaking approach to supporting young people at risk of homelessness.

Live and Work provides affordable accommodation for 16 to 24 year olds to enable them the opportunity to live and work without having to rely on benefits. It has also enabled over 30 young people to secure permanent employment following

completion of their NHS apprenticeships. St Basils is currently fundraising for a second phase of this initiative and hopes to create a Live and Work Village which will provide this crucial support to even more young people.



### Live and work accommodation

Another St Basils project that delivered impact is the 'Rewriting Futures Programme' Social Impact Bond, which exceeded expectations in supporting 351 young people over 3 years. This project allowed St Basils to reach more young people at risk of homelessness or social exclusion than they otherwise might have and supported St Basils to provide holistic as well as accommodation support.

### Kyle's story, Rewriting Future Programme

Kyle was referred to St Basils in 2015, aged 23, and was diagnosed with ADHD and autism. Kyle was moved to stable accommodation in Birmingham where he completed a Mental Skills Training (MST) programme run by Fair Chance in conjunction with The University of Birmingham, going on to become a peer mentor.

As he became more settled in Birmingham, he was supported in becoming a volunteer, first with St Basils, and later moved on to volunteer at a local charity shop. After successfully passing a credit check and with a deposit provided by Fair Chance, Kyle has moved into his own one-bedroom property.